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## Grilled Chicken And Peaches



*Serves:* 4 | *Serving Size:* 1 chicken breast and a few wedges of peaches

*Total Time:* 25 min | *Prep:* 5 min | *Cook:* 20 min

### *Ingredients:*

4 chicken breasts  
3 peaches, cut in wedges  
salt and pepper to taste  
1 tablespoon paprika  
drizzle of honey  
drizzle of apple cider vinegar

### *Directions:*

Place the chicken and peaches on oiled foil. Grill outside on a hot grill or broil in the oven until all are done. Turn them a few times while they are cooking

Place the grilled items on a plate and drizzle with a little honey (about a teaspoon) and a dash of apple cider vinegar.

Top with fresh parsley and more paprika. Serve hot.

Serves 4. Each 1 chicken breast and a few wedges of peaches serving: 220 calories, 6g fat, 1g saturated fat, 0g trans fat, 76mg cholesterol, 138mg sodium, 16g carbohydrate, 2g fiber, 14g sugars, 26g protein. © Food and Health Communications