
KITCHEN HACK

Make the most of your microwave!



Broccoli Smashed Potatoes

With so much focus on the main dish, it can sometimes be tough to find an enticing, yet healthy, side dish that doesn't require you to dirty another round of dishes and lengthen your dinner prep time on a busy weeknight. That's where these potatoes come in. This speedy side dish is creative enough to stand out from the crowd, yet versatile enough to go with a variety of meals. And the best part? The whole thing comes together in under 10 minutes while only using your microwave. Here's what you need in order to make a serving for two people...

- ❖ 5 small Yukon Gold potatoes
- ❖ 2 cups broccoli
- ❖ 1 tablespoon grated cheddar cheese

Microwave the potatoes on full power for 5 minutes or use the microwave's "potato" setting for 2 potatoes. They are done when a fork can pierce them easily. Once fully cooked, remove the potatoes from the microwave and microwave the broccoli for 2 minutes. Mash the potatoes in a bowl with a fork. Place the broccoli on top of the potatoes. Top with cheese and microwave for another minute. Divide between two plates and serve hot.